



Additional Menu Items

	Serving Size	Weight(g)	Calories	Calories From Fat	Total Fat	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Egg	Fish	Milk	Peanuts	Soy	Tree Nuts	Wheat
SIDES																				
Chili & Cheese Baked Potato (Baked Potato, Cheddar Cheese, Wendy's Chili, Cheese Sauce)	1 ea.	456	510	130	15	8	0.5	50	980	75	9	8	21			x				
Cheese Baked Potato (Baked Potato, Cheddar Cheese, Cheese Sauce)	1 ea.	371	440	110	12	7	0	35	670	68	7	6	16			x				
Chili, Chips & Cheese (Tortilla Chips, Wendy's Chili, Cheese Sauce)	1 ea.	184	320	140	15	3.5	0	20	900	42	4	5	9			x				

Ingredients:

Tortilla Chips: Corn, Vegetable Oil (contains one or more of the following: corn, soybean, sunflower oil), Salt.

Nutrition and ingredient information is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant level, and/or season of the year. Certain menu items may not be available at all locations. Temporary products are not included. Nutrition calculations follow federal regulations regarding the rounding of nutritional data. This information is effective as of **SEPTEMBER 2009**.

Wendy's International, Inc., its franchisees and employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. Federal regulations have identified 8 major allergens: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, and crustacean shellfish. For your convenience, menu items and ingredients that contain these major allergens have been indicated. Foods cooked in common oil have also been indicated as possible allergens.

Federal regulation has exempted from allergen declaration any highly refined oil derived from the major food allergens; therefore, soy oil as an ingredient is not indicated as an allergen. Please consult your Doctor to know if you should avoid products that contain highly refined soy oil. If you have specific questions about our menu, call or write: Wendy's International, Inc., Consumer Relations Department, One Dave Thomas Boulevard, Dublin, OH 43017, 614-764-3100.

We encourage anyone with food allergies, sensitivities, or special dietary needs to check our website at www.wendys.com on a regular basis to obtain the most comprehensive and up-to-date information.

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