

MENU ITEM	NUTRIENTS								ALLERGENS									
	Energy (kcal)	Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Celery	Egg	Fish	Gluten (Barley)	Gluten (Rye)	Milk	Mustard	Soy	Wheat	
Can Coke	140	0	0	35	35	0	0	0										
Can Diet Coke	0	0	0	0	0	0	0	0										
Can Coke Zero	0	0	0	0	0	0	0	0.07										
Can Sprite	44	0	0	11	11	0	0	0.03										
Coke Small Drink 12 oz	152	0	0	38	38	0	0	0										
Diet Coke Small Drink 12 oz	0	0	0	0	0	0	0	0										
Coke Zero Small Drink 12 oz	0	0	0	0	0	0	0	0.07										
Orange Fanta Small Drink 12 oz	64	0	0	16	16	0	0	0.07										
Sprite Zero Small Drink 12 oz	0	0	0	0	0	0	0	0.25										
Coke Medium Drink 16 oz	200	0	0	50	50	0	0	0										
Diet Coke Medium Drink 16 oz	0	0	0	0	0	0	0	0										
Coke Zero Medium Drink 16 oz	0	0	0	0	0	0	0	0.09										
Orange Fanta Medium Drink 16 oz	84	0	0	21	21	0	0	0.09										
Sprite Zero Medium Drink 16 oz	0	0	0	0	0	0	0	0.33										
Coke Large Drink 20 oz	252	0	0	63	63	0	0	0										
Diet Coke Large Drink 20 oz	0	0	0	0	0	0	0	0										
Coke Zero Large Drink 20 oz	0	0	0	0	0	0	0	0.12										
Orange Fanta Large Drink 20 oz	108	0	0	27	27	0	0	0.12										
Sprite Zero Large Drink 20 oz	0	0	0	0	0	0	0	0.41										

BEVERAGES

MENU ITEM	NUTRIENTS								ALLERGENS									
	Energy (kcal)	Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Celery	Egg	Fish	Gluten (Barley)	Gluten (Rye)	Milk	Mustard	Soy	Wheat	
Premium Bun	183	2.3	0.3	33	5.2	1.7	6.6	0.75		√				√			√	
Value Bun	149	1.9	0.2	27	4.2	1.4	5.3	0.61		√				√			√	
Lettuce As Bun	0	0	0	0	0	0	0	0										
Strawberry Jam	38	0	0	9.6	9.6	0	0	0										
Cranberries	41	0	0	10	8.3	0.6	0	0										
Brown Sugar	16	0	0	4	4	0	0	0										
Small Patty	122	9.3	4.1	0	0	0	9.5	0.06										
Large Patty	273	21	9.2	0	0	0	21	0.13										
Bacon 2 Pieces	42	3.2	1.2	0	0	0	3.3	0.48										
Bacon 3 Pieces	63	4.8	1.8	0	0	0	4.9	0.72										
Sub Classic Chicken	162	6.7	1.7	12	0	0.7	13	1.4	√		√			√			√	
Sub Grilled	93	1.9	0.4	0	0	0	19	0.77										
Sausage	158	13	4.6	1.5	0.7	0	8.8	0.39						√			√	
Sub Spicy	156	6.5	1.6	11	0	0.7	13	1.4	√					√			√	
Shredded Cheese	36	3	1.9	0	0	0	2.2	0.17						√			√	
Cream Crackers	71	2.1	1	11	0	0.6	1.6	0.19									√	
Ketchup Packet	11	0	0	2.8	2.7	0	0	0.22	√									
Sour Cream	52	5	3.1	1.1	1.1	0	0.7	0.04						√				
Tomato Sliced	3	0	0	0.8	0.8	0	0	0										
Tomato Diced	5	0	0	1.3	1.3	0	0	0										
Monterey Jack Cheese	93	7.8	4.8	0	0	0	5.8	0.45						√				
American Cheese	42	3.2	1.5	1.3	0.8	0	1.9	0.49						√				
Emmental Cheese	152	12	8.2	0	0	0	11	0.51						√				
Italian Cheese	82	6	4.4	0	0	0	7	0						√				
Grana Padano PDO Cheese flakes	83	6.1	3.8	0	0	0	7	0.32	√					√				
Cheese Shredded Cheddar - Salad	105	8.8	5.5	0	0	0	6.5	0.49						√				
Cheese Shredded Cheddar - topped si	36	3	1.9	0	0	0	2.2	0.17						√				
Cheddar Cheese Sauce	81	6.5	4.2	2.3	1.5	0	3.2	0.73						√				
Breakfast Cheese Sauce	34	2.9	1.9	0.9	0.6	0	1	0.24						√				
Creamer	0	0	0	0	0	0	0	0.01						√				
Kid's Milk	94	3	2	9.8	9.8	0	7	0.2						√				
Sugar	16	0	0	4	4	0	0	0										
Sweetener Packets	14	0	0	3.6	3.6	0	0	0										
BBQ Dip Pot	32	0	0	8	7	0	0	0.3										
Garlic Sauce Dip Pot	100	9.8	0.8	3	2.2	0	0	0.43	√	√				√				
Sweet Chili Dip Pot	48	0	0	12	11	0	0	0.38										
Caesar Salad Dressing	209	22	2	1.5	1.1	0	1.3	1.2	√	√	√	√	√	√	√	√	√	
Pomegranate Vinaigrette	100	3.3	0.3	17	16	0	0.6	0.05										
Kids Carton Juice	54	0	0	12	11	0.8	1	0										
Chives	0	0	0	0	0	0	0	0										
Mayonnaise Bulk - Premium Sandwich	50	5.6	0.5	0	0	0	0	0.1		√				√				
Mayonnaise Bulk - Value Sandwich	45	5	0.4	0	0	0	0	0.08		√				√				
Sea Salt Packet	0	0	0	0	0	0	0	2.5										
Ketchup Bulk - Premium Sandwich	6	0	0	1.6	1.5	0	0	0.12	√									
Ketchup Bulk - Value Sandwich	5	0	0	1.3	1.2	0	0	0.1	√									
Romaine Lettuce Whole	0	0	0	0	0	0	0	0										
White Onion Bulk - Premium Sandwich	0	0	0	0	0	0	0	0										
White Onion Bulk - Value Sandwich	0	0	0	0	0	0	0	0										
Pickle Slice - Premium Sandwich	0	0	0	0	0	0	0	0.22										
Pickle Slice - Value Sandwich	0	0	0	0	0	0	0	0.14										
Frozen Avocado - Sandwich	45	4.5	0.7	0.6	0	0	0.6	0.1										
Frozen Avocado - Salad	90	8.9	1.3	1.2	0	0	1.2	0.19										
Southwest Ranch Salad Dressing	131	13	1.1	2.3	1.7	0	1.1	0.21	√				√	√				
Curry Powder	0	0	0	0	0	0	0	0.04										
Wheat Flour Tortilla	131	3.4	1.4	21	1.1	2	3.2	0.3									√	
BBQ Sauce	22	0	0	5.4	4.6	0	0	0.19										

INGREDIENTS/CONDIMENTS