



MENU ITEM	NUTRIENTS	Energy (kcal)	Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	ALLERGENS	Celery	Egg	Fish	Gluten (Barley)	Gluten (Wye)	Milk	Mustard	Soy	Wheat	Sesame
EGG DOUBLE STACK INCLUDES HASHBROWN & AMERICANO																				
Regular		689	40	7.9	57	5.3	4.4	23	4.1			✓				✓			✓	✓
Large		776	45	8.5	66	5.3	5.4	24	4.5			✓				✓			✓	✓
CLASSIC MUFFINS INCLUDES HASHBROWN & AMERICANO																				
Regular Classic Egg & Cheese		593	32	6.3	55	2.8	8.6	17	2.2			✓			✓	✓			✓	
Large Classic Egg & Cheese		685	38	6.9	64	2.8	9.6	17	2.5			✓			✓	✓			✓	
Regular Classic Sausage, Egg & Cheese		751	45	11	57	3.4	9	25	2.5			✓			✓	✓			✓	
Large Classic Sausage, Egg & Cheese		843	51	11	65	3.5	10	26	2.9			✓			✓	✓			✓	
Regular Classic Bacon, Egg & Cheese		658	37	8.1	55	2.8	8.6	22	2.9			✓			✓	✓			✓	
Large Classic Bacon, Egg & Cheese		750	43	8.7	64	2.9	9.6	22	3.2			✓			✓	✓			✓	
BREAKFAST WRAPS INCLUDES HASHBROWN & AMERICANO																				
Regular Bacon w/ Red Sauce		625	34	7.9	57	4.5	5.5	20	3.1		✓	✓				✓			✓	
Large Bacon w/ Red Sauce		712	39	8.5	66	4.6	6.5	21	3.4		✓	✓				✓			✓	
Regular Sausage w/ Red Sauce		713	41	11	59	5.2	6	24	2.8		✓	✓				✓			✓	
Large Sausage w/ Red Sauce		805	47	11	68	5.2	6.9	24	3.1		✓	✓				✓			✓	
Regular Bacon w/ Brown Sauce		629	34	7.9	58	4.5	5.5	20	3			✓		✓	✓	✓			✓	
Large Bacon w/ Brown Sauce		712	39	8.5	66	4.6	6.5	21	3.4			✓		✓	✓	✓			✓	
Regular Sausage w/ Brown Sauce		713	41	11	59	5.1	6	24	2.7			✓		✓	✓	✓			✓	
Large Sausage w/ Brown Sauce		805	47	11	68	5.2	6.9	24	3.1			✓		✓	✓	✓			✓	
BREAKFAST BACONTATORS INCLUDES HASHBROWN & AMERICANO																				
Regular w/ Brown Sauce		902	52	14	68	9.5	5.2	38	4.9			✓		✓	✓	✓			✓	✓
Large w/ Brown Sauce		989	57	15	77	9.5	6.1	39	5.2			✓		✓	✓	✓			✓	✓
Regular w/ Red Sauce		902	52	15	68	9.2	5.2	38	4.9			✓		✓	✓	✓			✓	✓
Large w/ Red Sauce		985	57	15	76	9.3	6.1	39	5.2			✓		✓	✓	✓			✓	✓
DUO HALLOUMI WRAPS INCLUDES FRIES & DRINK																				
Regular BBQ Wrap w/ Halloumi Fries		1110	47	17	138	70	7.6	30	5.7		✓					✓			✓	
Large BBQ Wrap w/ Halloumi Fries		1222	50	18	159	85	8.2	30	5.9		✓					✓			✓	
Regular Avocado Wrap w/ Halloumi Fries		1250	67	19	128	61	7.6	30	5.6		✓	✓				✓	✓		✓	
Large Avocado Wrap w/ Halloumi Fries		1353	69	19	149	77	8.2	30	5.9		✓	✓				✓	✓		✓	
Regular Avocado Wrap w/ Halloumi Fries		1085	50	15	129	62	7.6	26	5.1		✓					✓			✓	
Large Avocado Wrap w/ Halloumi Fries		1196	52	15	151	78	8.2	27	5.4		✓					✓			✓	
SWEET N SMOKEY INCLUDES FRIES & DRINK																				
Regular Cheeseburger Single		1219	59	19	123	69	4.1	47	6.2		✓	✓				✓			✓	✓
Large Cheeseburger Single		1287	62	19	132	72	4.7	48	6.5		✓	✓				✓			✓	✓
Regular Cheeseburger Double		1591	87	31	124	69	4.1	76	7.5		✓	✓				✓			✓	✓
Large Cheeseburger Double		1651	90	31	132	72	4.7	76	7.7		✓	✓				✓			✓	✓
Regular Cheeseburger Triple		1994	118	45	125	70	4.1	106	9.2		✓	✓				✓			✓	✓
Large Cheeseburger Triple		2062	121	45	134	73	4.7	107	9.5		✓	✓				✓			✓	✓
Regular Classic Chicken		998	37	6.9	134	68	4.7	30	5.9		✓	✓		✓		✓			✓	✓
Large Classic Chicken		1115	40	7.1	155	84	5.4	31	6		✓	✓		✓		✓			✓	✓
Regular Grilled Chicken		910	30	5.4	122	68	4.1	36	5.2		✓	✓				✓			✓	✓
Large Grilled Chicken		1017	32	5.6	144	84	4.7	36	5.5		✓	✓				✓			✓	✓
Regular Spicy Chicken		991	37	6.8	133	68	4.8	29	5.9		✓	✓				✓	✓		✓	✓
Large Spicy Chicken		1107	40	7	154	84	5.4	30	6.1		✓	✓				✓	✓		✓	✓
BIGGIE BAG INCLUDES FRIES & DRINK																				
Jr. Cheeseburger Deluxe 4 Pc Chicken Nuggets (Spicy)		611	29	7.3	55	11	3.1	31	4.3		✓	✓		✓		✓	✓		✓	✓
Jr. Cheeseburger Deluxe 4 Pc Chicken Nuggets (Classic)		778	32	8.1	91	48	2.9	30	4.9		✓	✓		✓		✓	✓		✓	✓
Spicy Chicken 4 Pc Chicken Nuggets (Spicy)		640	24	3.4	70	9.8	4.2	34	4.7		✓	✓		✓		✓	✓		✓	✓
Spicy Chicken 4 Pc Chicken Nuggets (Classic)		803	27	4.3	106	47	3.9	32	5.2		✓	✓		✓		✓	✓		✓	✓
Wendy's Single 4 Pc Chicken Nuggets (Spicy)		761	38	11	61	12	3.4	42	4.6		✓	✓		✓		✓	✓		✓	✓
Wendy's Single 4 Pc Chicken Nuggets (Classic)		927	41	12	97	49	3.2	41	5.2		✓	✓		✓		✓	✓		✓	✓
SAUCY NUGGETS INCLUDES FRIES & DRINK																				
Regular 6 Pc BBQ Saucy Classic Nuggets		631	18	2.8	97	70	2.7	19	4.9		✓			✓		✓	✓		✓	
Regular 10 Pc BBQ Saucy Classic Nuggets		753	24	4.2	103	72	2.7	30	6		✓			✓		✓	✓		✓	
Regular 6 Pc BBQ Saucy Spicy Nuggets		612	14	1.5	99	70	3	21	4.1		✓			✓		✓	✓		✓	
Regular 10 Pc BBQ Saucy Spicy Nuggets		724	17	2.1	107	72	3.3	34	4.6		✓			✓		✓	✓		✓	
Regular 6 Pc Buffalo Saucy Classic Nuggets		562	18	2.8	80	54	1.9	19	6.4		✓			✓		✓	✓		✓	
Regular 10 Pc Buffalo Saucy Classic Nuggets		680	24	4.2	85	55	1.9	30	8.2		✓			✓		✓	✓		✓	
Regular 6 Pc Buffalo Saucy Spicy Nuggets		547	14	1.5	83	55	2.3	21	5.5		✓			✓		✓	✓		✓	
Regular 10 Pc Buffalo Saucy Spicy Nuggets		646	17	2.1	89	55	2.5	33	6.8		✓			✓		✓	✓		✓	
Large 6 Pc BBQ Saucy Classic Nuggets		748	21	3	118	86	3.3	20	5.2		✓			✓		✓	✓		✓	
Large 10 Pc BBQ Saucy Classic Nuggets		874	27	4.4	125	87	3.3	31	6.3		✓			✓		✓	✓		✓	
Large 6 Pc BBQ Saucy Spicy Nuggets		723	16	1.7	121	86	3.6	22	4.4		✓			✓		✓	✓		✓	
Large 10 Pc BBQ Saucy Spicy Nuggets		844	20	2.3	129	87	4	35	4.9		✓			✓		✓	✓		✓	
Large 6 Pc Buffalo Saucy Classic Nuggets		682	21	3	102	70	2.6	20	6.6		✓			✓		✓	✓		✓	
Large 10 Pc Buffalo Saucy Classic Nuggets		800	27	4.4	107	70	2.6	31	8.4		✓			✓		✓	✓		✓	
Large 6 Pc Buffalo Saucy Spicy Nuggets		663	17	1.7	104	70	2.9	22	5.8		✓			✓		✓	✓		✓	
Large 10 Pc Buffalo Saucy Spicy Nuggets		766	20	2.3	111	70	3.2	34	7		✓			✓		✓	✓		✓	