



MENU ITEM																					
	NUTRIENTS	Energy (kcal)	Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	ALLERGENS	Celery	Egg	Fish	Gluten (Barley)	Gluten (Rye)	Milk	Mustard	Soy	Gluten (Wheat)	Sesame	
BREAKFAST COMBOS																					
INCLUDES HASHBROWN & AMERICANO																					
Egg Double Stack, Regular	699	40	7.9	57	5.3	4.4	23	4.1			✓					✓			✓	✓	
Egg Double Stack, Large	776	45	8.5	66	5.3	5.4	24	4.5			✓					✓			✓	✓	
Classic Egg & Cheese Muffin, Regular	593	32	6.3	55	2.8	8.6	17	2.2			✓				✓				✓		
Classic Egg & Cheese Muffin, Large	685	38	6.9	64	2.8	9.6	17	2.5			✓				✓	✓			✓		
Classic Sausage, Egg & Cheese Muffin, Regular	751	45	11	57	3.4	9	25	2.5			✓				✓	✓			✓		
Classic Sausage, Egg & Cheese Muffin, Large	843	51	11	65	3.5	10	26	2.9			✓				✓	✓			✓		
Classic Bacon, Egg & Cheese Muffin, Regular	658	37	8.1	55	2.8	8.6	22	2.9			✓				✓	✓			✓		
Classic Bacon, Egg & Cheese Muffin, Large	750	43	8.7	64	2.9	9.6	22	3.2			✓				✓	✓			✓		
Breakfast Wrap Bacon w/ Red Sauce, Regular	625	34	7.9	57	4.5	5.5	20	3.1		✓	✓					✓	✓		✓		
Breakfast Wrap Bacon w/ Red Sauce, Large	712	39	8.5	66	4.6	6.5	21	3.4		✓	✓					✓	✓		✓		
Breakfast Wrap Sausage w/ Red Sauce, Regular	713	41	11	59	5.2	6	24	2.8		✓	✓					✓	✓		✓		
Breakfast Wrap Sausage w/ Red Sauce, Large	805	47	11	68	5.2	6.9	24	3.1		✓	✓					✓	✓		✓		
Breakfast Wrap Bacon w/ Brown Sauce, Regular	629	34	7.9	58	4.5	5.5	20	3			✓		✓	✓	✓	✓			✓		
Breakfast Wrap Bacon w/ Brown Sauce, Large	712	39	8.5	66	4.6	6.5	21	3.4			✓		✓	✓	✓	✓			✓		
Breakfast Wrap Sausage w/ Brown Sauce, Regular	713	41	11	59	5.1	6	24	2.7			✓		✓	✓	✓	✓			✓		
Breakfast Wrap Sausage w/ Brown Sauce, Large	805	47	11	68	5.2	6.9	24	3.1			✓		✓	✓	✓	✓			✓		
Breakfast Baconator w/ Brown Sauce, Regular	902	52	14	68	9.5	5.2	38	4.9			✓		✓	✓	✓	✓			✓	✓	
Breakfast Baconator w/ Brown Sauce, Large	989	57	15	77	9.5	6.1	39	5.2			✓		✓	✓	✓	✓			✓	✓	
Breakfast Baconator w/ Red Sauce, Regular	902	52	15	68	9.2	5.2	38	4.9		✓	✓					✓	✓		✓	✓	
Breakfast Baconator w/ Red Sauce, Large	985	57	15	76	9.3	6.1	39	5.2		✓	✓					✓	✓		✓	✓	
DUO HALLOUMI WRAPS																					
INCLUDES FRIES & DRINK																					
Regular BBQ Wrap w/ Halloumi Fries	1110	47	17	138	70	7.6	30	5.7			✓					✓			✓		
Large BBQ Wrap w/ Halloumi Fries	1222	50	18	159	85	8.2	30	5.9			✓					✓			✓		
Regular Signature Wrap w/ Halloumi	1250	67	19	128	61	7.6	30	5.6			✓	✓				✓	✓		✓		
Large Signature Wrap w/ Halloumi Fries	1353	69	19	149	77	8.2	30	5.9			✓	✓				✓	✓		✓		
Regular Avocado Wrap w/ Halloumi Fries	1085	50	15	129	62	7.6	26	5.1			✓					✓			✓		
Large Avocado Wrap w/ Halloumi Fries	1196	52	15	151	78	8.2	27	5.4			✓					✓			✓		
SWEET N SMOKEY																					
INCLUDES FRIES & DRINK																					
Regular Cheeseburger Single	1219	59	19	123	69	4.1	47	6.2			✓	✓				✓	✓		✓	✓	
Large Cheeseburger Single	1287	62	19	132	72	4.7	48	6.5			✓	✓				✓	✓		✓	✓	
Regular Cheeseburger Double	1591	87	31	124	69	4.1	76	7.5			✓	✓				✓	✓		✓	✓	
Large Cheeseburger Double	1651	90	31	132	72	4.7	76	7.7			✓	✓				✓	✓		✓	✓	
Regular Cheeseburger Triple	1994	118	45	125	70	4.1	106	9.2			✓	✓				✓	✓		✓	✓	
Large Cheeseburger Triple	2062	121	45	134	73	4.7	107	9.5			✓	✓				✓	✓		✓	✓	
Regular Classic Chicken	998	37	6.9	134	68	4.7	30	5.9			✓	✓		✓		✓	✓		✓	✓	
Large Classic Chicken	1115	40	7.1	155	84	5.4	31	6			✓	✓		✓		✓	✓		✓	✓	
Regular Grilled Chicken	910	30	5.4	122	68	4.1	36	5.2			✓	✓				✓	✓		✓	✓	
Large Grilled Chicken	1017	32	5.6	144	84	4.7	36	5.5			✓	✓				✓	✓		✓	✓	
Regular Spicy Chicken	991	37	6.8	133	68	4.8	29	5.9			✓	✓				✓	✓		✓	✓	
Large Spicy Chicken	1107	40	7	154	84	5.4	30	6.1			✓	✓				✓	✓		✓	✓	
BIGGIE BAG																					
INCLUDES FRIES & DRINK																					
Jr. Cheeseburger Deluxe 4 Pc Chicken Nuggets (Spicy)	611	29	7.3	55	11	3.1	31	4.3			✓	✓		✓		✓	✓		✓	✓	
Jr. Cheeseburger Deluxe 4 Pc Chicken Nuggets (Classic)	778	32	8.1	91	48	2.9	30	4.9			✓	✓		✓		✓	✓		✓	✓	
Spicy Chicken 4 Pc Chicken Nuggets (Spicy)	640	24	3.4	70	9.8	4.2	34	4.7			✓	✓		✓		✓	✓		✓	✓	
Spicy Chicken 4 Pc Chicken Nuggets (Classic)	803	27	4.3	106	47	3.9	32	5.2			✓	✓		✓		✓	✓		✓	✓	
Wendy's Single 4 Pc Chicken Nuggets (Spicy)	761	38	11	61	12	3.4	42	4.6			✓	✓		✓		✓	✓		✓	✓	
Wendy's Single 4 Pc Chicken Nuggets (Classic)	927	41	12	97	49	3.2	41	5.2			✓	✓		✓		✓	✓		✓	✓	
SAUCY NUGGETS																					
INCLUDES FRIES & DRINK																					
Regular 6 Pc BBQ Saucy Classic Nuggets	631	18	2.8	97	70	2.7	19	4.9			✓			✓		✓	✓		✓		
Regular 10 Pc BBQ Saucy Classic Nuggets	753	24	4.2	103	72	2.7	30	6			✓			✓		✓	✓		✓		
Regular 6 Pc BBQ Saucy Spicy Nuggets	612	14	1.5	99	70	3	21	4.1			✓			✓					✓		
Regular 10 Pc BBQ Saucy Spicy Nuggets	724	17	2.1	107	72	3.3	34	4.6			✓			✓					✓		
Regular 6 Pc Buffalo Saucy Classic Nuggets	562	18	2.8	80	54	1.9	19	6.4			✓			✓		✓			✓		
Regular 10 Pc Buffalo Saucy Classic Nuggets	680	24	4.2	85	55	1.9	30	8.2			✓			✓		✓			✓		
Regular 6 Pc Buffalo Saucy Spicy Nuggets	547	14	1.5	83	55	2.3	21	5.5			✓			✓			✓		✓		
Regular 10 Pc Buffalo Saucy Spicy Nuggets	646	17	2.1	89	55	2.5	33	6.8			✓			✓			✓		✓		
Large 6 Pc BBQ Saucy Classic Nuggets	748	21	3	118	86	3.3	20	5.2			✓			✓		✓	✓		✓		
Large 10 Pc BBQ Saucy Classic Nuggets	874	27	4.4	125	87	3.3	31	6.3			✓			✓		✓	✓		✓		
Large 6 Pc BBQ Saucy Spicy Nuggets	723	16	1.7	121	86	3.6	22	4.4			✓			✓					✓		
Large 10 Pc BBQ Saucy Spicy Nuggets	844	20	2.3	129	87	4	35	4.9			✓			✓			✓		✓		
Large 6 Pc Buffalo Saucy Classic Nuggets	682	21	3	102	70	2.6	20	6.6			✓			✓		✓			✓		
Large 10 Pc Buffalo Saucy Classic Nuggets	800	27	4.4	107	70	2.6	31	8.4			✓			✓		✓			✓		
Large 6 Pc Buffalo Saucy Spicy Nuggets	663	17	1.7	104	70	2.9	22	5.8			✓			✓			✓		✓		
Large 10 Pc Buffalo Saucy Spicy Nuggets	766	20	2.3	111	70	3.2	34	7			✓			✓			✓		✓		